

COURSE DESCRIPTION:

This course is designed to provide nurses, nurse practitioners and clinical staff working in the breast cancer field with an in-depth understanding of the physical and emotional impact of breast cancer. This course will be applicable to **nurses, nurse practitioners and physician assistants** and other healthcare professionals who work in oncology, general and plastic surgery and hospital settings. The role of rehabilitation in treating and managing the short and long term sequellae of breast cancer will be addressed. The importance of exercise and approaches for exercise prescription for women during and following treatment will be discussed. Participants will be provided with guidelines for identifying the need for referral to rehabilitation and information on community resources that improve quality of life for women with breast cancer. Lecture, case presentation, and discussion will be utilized during this workshop.

COURSE OBJECTIVES:

At the end of the course participants should be able to:

1. Describe the physical and psychological morbidity related to breast cancer.
2. Describe the role of physical therapy, massage therapy, counseling and nutritional counseling interventions to decrease the morbidity related to breast cancer treatment.
3. Describe the role of exercise related to breast cancer.
4. Recognize morbidity related to breast cancer.
5. Determine appropriate referral for morbidity related to breast cancer.
6. Access specialized rehabilitation services for breast cancer patients in an efficient manner.

**TurningPoint Women's Healthcare
11180 State Bridge Road, Suite 503
Alpharetta, GA 30022**

Helping Your Patients Move from Surviving to Thriving: *The Role of Rehabilitation During and Following Treatment for Breast Cancer*

Saturday, March 27, 2010

9 a.m. – 2:00 p.m.

**Athens Regional Medical Center
Medical Services Building, 3rd Floor
1199 Prince Ave,
Athens, Georgia 30606
www.armc.org**

*A Course for Nurses, Nurse
Practitioners, Physician Assistants and
other Healthcare Professionals Who
Care for Women with Breast Cancer*

Presented By:
TurningPoint
Women's
Healthcare



COURSE FEE:

This course is free of charge to health care professionals through funding from the sponsors below.

MEALS AND SNACKS:

Beverages and a light lunch will be provided.

COURSE SPONSORS:



TurningPoint Women's Healthcare is a nonprofit organization that maximizes the quality of life for women with breast cancer by providing, promoting and advocating specialized and evidenced based rehabilitation.

www.myturningpoint.org

Athens Area (GA) ONS Chapter

**Athens Regional Medical Center
Rehabilitation**



COURSE FACULTY:

Jill Binkley, MS,PT,CLT is Executive Director of TurningPoint Women's Healthcare. She specializes in breast cancer rehabilitation and has over 20 years experience in orthopaedic physical therapy and manual therapy and has taught undergraduate and post-graduate physical therapy courses for 15 years. Jill is a Fellow of the American Academy of Orthopaedic Manual Physical Therapy and has published extensively in journals including *Physical Therapy*, *Journal of Orthopaedic Physical Therapy* and *Spine*. Jill is a breast cancer survivor.

Marcia Pearl, PT, PhD, CLT is a physical therapist and certified lymphedema therapist working with women with breast cancer at TurningPoint Women's Healthcare. Prior to joining TurningPoint, Marcia was the Chair of the Department of Physical Therapy at Georgia State University and is an expert in adult learning. Marcia is a breast cancer survivor.

Cathy Furbish, PT, DPT is a physical therapist working exclusively with women with breast cancer at TurningPoint Women's Healthcare. Cathy has 17 years experience as a physical therapist.

CONTACT HOURS:

Nurses: An application has been submitted to the **Georgia Nurses Association** for approval of 4.5 contact hours.

P.A.s: This program is not yet approved for CME credit. Conference organizers plan to request 4.5 hours of **AAPA** Category I CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.

N.P.s: This program is pending approval by the American Academy of Nurse Practitioners.

Please Call Renee Vaughn at TurningPoint for more information.

REGISTRATION FORM

Name

Home Address

City State Zip

Home Phone _____

Day Phone _____

Email: (registrants will receive email confirmation and directions to course)

 RN LPN NP PA
 PT OT MD Other _____

Registration Deadline:
Friday, March 19, 2010

Mail, Fax or Email Registrations To:
TurningPoint Women's Healthcare
11180 State Bridge Road, Suite 503
Alpharetta, Georgia 30022

FAX: 770-360-9276

Questions or Registration by Email:
rvaughn@myturningpoint.org

PHONE: 770-360-9271